

# UNIT 11

## Resources and Tools

There are many credible, reliable, and informative resources available to help you learn about survivorship and expand your knowledge base about survivorship. This section will highlight some of the available resources. Keep in mind, resources keep changing and evolving. This section will help you get started. Let's start by looking at some of the resources available to you the health care professional. We will then explore great resources that you can recommend to your patients.

### Health Care Professional Resources

For more information about cancer survivorship issues, visit the following sites:

- [National Cancer Institute's survivorship research section](#)
- [National Coalition for Cancer Survivorship](#)
- [CDC's survivorship efforts](#)
- [American Society of Clinical Oncology \(ASCO\)](#) – you can download forms (ASCO Treatment Summaries) to fill out about what treatment(s) your patient received and outline the schedule for follow-up care.
- [Institute of Medicine Report on Survivorship](#): This 2005 national American report provides information about the challenges that survivors face.

### Patient Resources

- [Canadian Cancer Society links about survivorship](#)
- [Cancer Net](#) offers a wide range of information to help patients transition to survivorship. The site covers topics such as:
  - Finishing Treatment—What Comes Next
  - ASCO Treatment Summaries
  - Keeping a Personal Medical Record
  - Terms to Know
  - Managing side effects
  - Late effects
- [Caring Voices](#)
  - Caring Voices, an online community of support for cancer survivors, is an initiative of the Princess Margaret Hospital, in Toronto, Ontario.

Caring Voices is a national platform that offers online access to current educational resources, peer support, and advice and education from health care and community experts.

Cancer survivors can access Caring Voices from across the country and registered members can take part in real time chats, including several scheduled monthly events and discussions with other cancer survivors, members of the cancer community and health care professionals.

- Lance Armstrong Foundation
  - [Living After Cancer Brochure Series](#)
  - [Cancer Survivorship After Treatment](#)
- [National Coalition for Cancer Survivorship](#)

## Meeting the CANO/ACIO Standards and Competencies

Reviewing and using this section in practice, the nurse will be addressing the following standard domains:

- Standard Practice Teaching and Coaching
- Standard Practice Facilitating Continuity of Care/Navigating The System